



BREAKFAST

DECEMBER 2023

RIVERSIDE MEADOWS

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelano@plust.org

Monday

Tuesday

Wednesday

Thursday

Friday

All meals are served
with the choice of
1% white milk or
nonfat chocolate milk.

Bagel Pizza **4**
Buttermilk Bar
Benefit Bar
Bagel w/ Cream Cheese
Cereal Bowl or Pop Tarts
Variety of Fruit & Juice

Biscuit & Gravy **5**
Buttermilk Bar
Benefit Bar
Bagel w/ Cream Cheese
Cereal Bowl or Pop Tarts
Variety of Fruit & Juice

Assorted Muffins **6**
Buttermilk Bar
Benefit Bar
Bagel w/ Cream Cheese
Cereal Bowl or Pop Tarts
Variety of Fruit & Juice

Mini Waffles **7**
Buttermilk Bar
Benefit Bar
Bagel w/ Cream Cheese
Cereal Bowl or Pop Tarts
Variety of Fruit & Juice

Fresh Baked Cinnamon Rolls **1**
Buttermilk Bar
Benefit Bar
Bagel w/ Cream Cheese
Cereal Bowl or Pop Tarts
Variety of Fruit & Juice

Pancake Wrap **11**
Buttermilk Bar
Benefit Bar
Bagel w/ Cream Cheese
Cereal Bowl or Pop Tarts
Variety of Fruit & Juice

Mini Cinnis **12**
Buttermilk Bar
Benefit Bar
Bagel w/ Cream Cheese
Cereal Bowl or Pop Tarts
Variety of Fruit & Juice

Breakfast Pizza **13**
Buttermilk Bar
Benefit Bar
Bagel w/ Cream Cheese
Cereal Bowl or Pop Tarts
Variety of Fruit & Juice

French Toast **14**
Buttermilk Bar
Benefit Bar
Bagel w/ Cream Cheese
Cereal Bowl or Pop Tarts
Variety of Fruit & Juice

Fresh Baked Cinnamon Rolls **8**
Buttermilk Bar
Benefit Bar
Bagel w/ Cream Cheese
Cereal Bowl or Pop Tarts
Variety of Fruit & Juice

Breakfast Sandwich **18**
Buttermilk Bar
Benefit Bar
Bagel w/ Cream Cheese
Cereal Bowl or Pop Tarts
Variety of Fruit & Juice

Mini Pancakes **19**
Buttermilk Bar
Benefit Bar
Bagel w/ Cream Cheese
Cereal Bowl or Pop Tarts
Variety of Fruit & Juice

Buttermilk Bar **20**
Benefit Bar
Bagel w/ Cream Cheese
Cereal Bowl or Pop Tarts
Variety of Fruit & Juice

NO SCHOOL **21**

Fresh Baked Cinnamon Rolls **15**
Buttermilk Bar
Benefit Bar
Bagel w/ Cream Cheese
Cereal Bowl or Pop Tarts
Variety of Fruit & Juice

NO SCHOOL **22**

NO SCHOOL **25**

NO SCHOOL **26**

NO SCHOOL **27**

NO SCHOOL **28**

NO SCHOOL **29**

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.

Monday

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Thursday

Friday

Domino's Smart Slice Cheese
Or Pepperoni Pizza
Caesar Salad – Cucumber
Sticks – Baby Carrots
Variety of Fruit
Chocolate Chip Cookie

Chicken Sandwich or
Sunbutter Sandwich
Baked Beans
Cauliflower – Salad - Carrots
Variety of Fruit
Cool Ranch Doritos

All meals are served
with the choice of
1% white milk or
nonfat chocolate milk.

Nachos or
Bean & Cheese Nachos
Seasoned Jicama – Salad
Salsa - Jalapenos
Variety of Fruit
Ice Cream

Chicken Drumstick or
Lasagna Cheese Roll Up
Texas Toast
Broccoli – Salad - Salsa
Variety of Fruit
Rice Krispie Treat

French Toast & Sausage or
French Toast & Yogurt
Hash Browns
Fresh Veggies – Salad - Carrots
Variety of Fruit

Chicken Nuggets or
Grilled Cheese
Tomato Soup
Fresh Veggies – Salad - Carrots
Variety of Fruit
Fruit Roll Up

Domino's Smart Slice Cheese
Or Pepperoni Pizza
Caesar Salad – Cucumber
Sticks – Baby Carrots
Variety of Fruit
Chocolate Chip Cookie

Chicken Strips or
Mac N Cheese
Green Beans
Cauliflower – Salad - Carrots
Variety of Fruit
Cheez Its

Chicken Taquitos or
Bean & Cheese Burrito
Seasoned Jicama – Salad
Carrots
Variety of Fruit
Fruit Roll Up

Teriyaki Chicken Bowl or
Edamame Bowl
Fried Rice
Broccoli – Salad – Baby Carrots
Variety of Fruit

Corn Dog or
Pull Apart w/ Marinara
Chili Beans
Fresh Veggies – Salad - Carrots
Variety of Fruit
Rice Krispie Treat

Domino's Smart Slice Cheese
Or Pepperoni Pizza
Caesar Salad – Cucumber
Sticks – Baby Carrots
Variety of Fruit
Chocolate Chip Cookie

Turkey & Gravy or
Vegetarian Meatballs
Mashed Potatoes – Roll
Steamed Corn
Broccoli Salad – Green Salad
Variety of Fruit - Cookie

Taco Pocket or
Cheese Enchilada
Seasoned Jicama – Salad –
Salsa
Variety of Fruit
Rice Krispie Treat

**NO
SCHOOL**

**NO
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**NO
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**NO
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**NO
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